

REGISTRATION FORM (See reverse side for instructions)

You can attend three workshops

Indicate your first and second choice for **each** session (put a #1 by your first choice and a #2 by your second choice).

SESSION ONE (9:40 – 10:50 a.m.)	
	If You Didn't Win the Powerball: Managing Debt
	If You See Something, Say Something: School Safety
	Take a Bite Out of the Big Apple: Free NYC Resources
	My Child is Struggling in School: How to Help
	The Road to Independence for Students with Special Needs
	Turn Down the Heat: De-escalate Conflict
	Grandparents Raising Grandchildren
	Leading with Your Voice: Use Your Elected Position
	Adding it Up: Math for Middle School

SESSION TWO (11:00 a.m. – 12:30 p.m.)	
	Know Where You Stand: Learn Advocacy Skills
	Communication and Public Speaking Skills for Parents
	Boys Learn Differently
	Survival Skills: CPR Basics
	The College Selection and Application Process
	Beyond the Bake Sale: Parent Involvement vs. Parent Engagement
	Understanding the IEP Process
	Grant Writing 101
	Explore the "Galaxy": Find the Money in your School

SESSION THREE (12:40 – 1:50 p.m.)	
	Help, I Need Money For College!
	It's More than ABCs
	Related Services and Supports for Students with IEPs
	Address the Stress: Tips for Healthy Living
	Act it out: Arts and Theater for Schools
	Healthy Hearts and Minds: Social-Emotional Health
	Beautiful Me: Character, Confidence, Courage for Girls
	Full STEAM Ahead for the Future!
	Emergency Preparedness

HEAR WHAT SOME OF LAST YEAR'S ATTENDEES SAID...

"I am truly glad I came. I'm leaving feeling empowered."

"The conference was fantastic! Lots of information and available resources in the community. Thank you!"

"Excellent selection of workshops, great food and fantastic speakers. Thank you for another wonderful conference."

THIS CONFERENCE IS FOR ADULTS ONLY. NO CHILDREN PLEASE.

Workshop assignments are on a first-come, first-served basis.

You will receive workshop confirmation in the mail or by email.

Translation in Spanish and Chinese will be available at some selected workshops as needed.

Habr  acceso a traducci n al espa ol durante ciertos talleres cuando sea necesario.

如有需要，可在指定研討會地點獲取中文譯本。



Like us on Facebook at www.facebook.com/manhattanparentsconference
Follow us on Twitter at [@ManParentConference](https://twitter.com/ManParentConference)

For more information, call 212-701-9464 or email fstreich@uft.org

**NYC Subway info:
#2, 3, 4, 5 to Wall Street
#1 or R to Rector Street**

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United Federation of Teachers
52 Broadway, 2nd floor
New York, NY 10004



GM38560

THE UFT IN COLLABORATION WITH PARENTS PRESENTS:

MANHATTAN UFT BOROUGHWIDE PARENT CONFERENCE

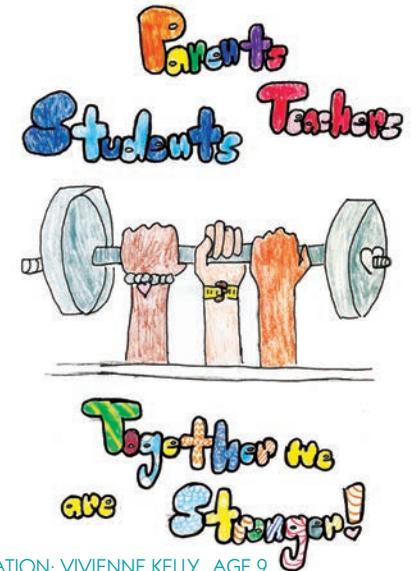


ILLUSTRATION: VIVIENNE KELLY, AGE 9

Parents, Students, Teachers... Together We Are Stronger

Saturday, Oct. 15, 2016
8:30 a.m.-3:30 p.m.



United Federation of Teachers
52 Broadway, 2nd floor, New York, NY 10004

Free Workshops • Free Breakfast/Lunch Exhibitors • Raffle Prizes

YOU MUST REGISTER BY OCTOBER 1

PROGRAM

8:30 a.m. – 3:30 p.m.	Exhibits
8:30 – 9:00 a.m.	Breakfast and Sign in
9:00 – 9:30 a.m.	Welcome and Program Overview
9:40 – 10:50 a.m.	Session 1
11:00 a.m. – 12:30 p.m.	Session 2
12:40 – 1:50 p.m.	Session 3
2:00 p.m. – 3 p.m.	Lunch, Music, Speakers and Keynote Address
3:00 p.m.	Raffle
3:30 p.m.	Adjourn

WORKSHOPS

SESSION 1: WORKSHOPS FROM 9:40 – 10:50 A.M.

IF YOU DIDN'T WIN THE POWERBALL: MANAGING DEBT Gain useful information on managing your debt. Don't let student loans, credit card debt and mortgage issues drag you down.

IF YOU SEE SOMETHING, SAY SOMETHING: We are all concerned about safety in the schools. Learn the roles of school safety agents, safety teams and building response teams and the important work of protecting our children.

TAKE A BITE OUT OF THE BIG APPLE: FREE NYC RESOURCES: Make use of free NYC resources and programs. Find out about the hidden gems and where to find freebies.

MY CHILD IS STRUGGLING IN SCHOOL: Find out what help is available for struggling students who do not have an IEP. Learn what you can do to help your child at home.

THE ROAD TO INDEPENDENCE FOR STUDENTS WITH SPECIAL NEEDS: Transitions from grade to grade and program to program can be overwhelming for both parents and students. Find out how, and from whom, to receive help in the school system. Begin early to get the information you need and involve your student in transitioning to high school or beyond.

TURN DOWN THE HEAT: Learn how to de-escalate family conflict by recognizing how family members "push each other's buttons." Through skits, role-play and discussion, learn how to take control by addressing situations rather than just reacting to them.

GRANDPARENTS RAISING GRANDCHILDREN: There are 140,000 grandparents raising grandchildren in NY state today because their parents are unable or unavailable to raise their children. Learn about the support services available for you in order to nurture your grandchild's success.

WORKSHOPS continued

LEADING WITH YOUR VOICE: Understand how to use the power of your elected position and become comfortable with the regulations, rules and roles of Title 1 Parent Advisory Councils, School Leadership Teams and Parent Associations/Parent-Teacher Associations. Learn how to be an effective team member.

ADDING IT UP: MATH FOR MIDDLE SCHOOL: Learn ways to support your child's development in math. As parents, we are often unable to understand the "New Math." Pick up some pointers here.

SESSION 2: WORKSHOPS FROM 11:00 A.M. – 12:30 P.M.

KNOW WHERE YOU STAND: Learn how to advocate for yourself, your child, your family and community. A lawyer from Legal Services of NYC will explain basic tenant, education and immigration rights.

COMMUNICATION AND PUBLIC SPEAKING SKILLS FOR PARENTS: Effective communication is essential for every parent. Learn how to avoid pitfalls that hinder relationship building and how to be an effective leader

BOYS LEARN DIFFERENTLY: There have been many research studies done about the differences in boys' learning styles. Gain tips for helping your boy be successful in and enjoy school.

SURVIVAL SKILLS: Learn CPR basics from certified trainers, with a focus on helping children with asthma. *Note: you will not become certified in this workshop, but will learn how to become certified.

THE COLLEGE SELECTION AND APPLICATION PROCESS: Don't be overwhelmed! Come hear a panel discussion with representatives from SUNY and CUNY schools and school guidance counselors. Pick up valuable handouts and learn about the new SAT test format. Remember: it's about the best choice for your child.

BEYOND THE BAKE SALE: PARENT INVOLVEMENT VS. PARENT ENGAGEMENT: Build real parent power in your school. Learn from a training based on Dr. Karen Mapp's research how to collaborate and build partnerships for learning and achievement in your child's school, including academic parent-teacher teams, parent-teacher home visits and community schools.

UNDERSTANDING THE IEP PROCESS: Tips from parent advocates who know how to parent a child with an IEP. Also hear from a panel about what to expect from the IEP process and how to best advocate for and support your child.

GRANT WRITING 101: Gain the skills of grant writing for your school projects. Learn the basics, what foundations and sources are out there, and key steps in applying for and winning a grant.

EXPLORE THE "GALAXY": FIND THE MONEY IN YOUR SCHOOL: Join us to understand school budgets, learn how priorities are made, what funds can be moved around and how to read your budget in the Department of Education's Galaxy system.

SESSION 3: WORKSHOPS FROM 12:40 – 1:50 P.M.

HELP, I NEED MONEY FOR COLLEGE! What can you do now to start saving money for college? Learn about IRAs, 529 plans, grants, scholarships and other financial resources available for you and your child.

IT'S MORE THAN ABCS: Gain insight on expanding your child's vocabulary and fostering a love of reading and writing early on (for pre-K–1st grade).

RELATED SERVICES AND SUPPORTS FOR STUDENTS WITH IEPs: Join us for a panel presentation and gain an understanding of the alphabet soup of supports and related services that are available (OT, PT, ST, RTI, SETSS, etc.) and what each one can mean for your child.

ADDRESS THE STRESS: Learn tips for healthy living and how to create a mentally, emotionally and physically healthy home environment.

ACT IT OUT: ARTS AND THEATER! The arts not only enrich our lives, they enhance learning. Learn about fun activities to do at home and how schools can support learning, creativity, self-expression and an appreciation for the arts.

HEALTHY HEARTS AND MINDS: Our children's social and emotional health is as important as their physical health. Learn how to recognize the signs of emotional distress and depression or the warning signs for suicide in young people, and learn tips for providing support.

BEAUTIFUL ME: Parents help your GIRLZ get IN FORMATION! Help girls learn to build character, confidence and courage.

FULL STEAM AHEAD FOR THE FUTURE! Science, Technology, Engineering, Arts and Math programs teach students the 21st century skills they need for success. STEAM can also challenge students to design products that solve real problems and it is among the fastest growing job sectors in the country.

EMERGENCY PREPAREDNESS: Do you know what to do in a blackout, major storm or natural disaster and what should be in your "go bag"? Citizen Preparedness Corps will cover a broad range of topics, such as developing a family emergency plan, stocking up on emergency supplies, and registering for NY-Alert. Participants will receive a training certificate and a wallet-sized "Z-Card."

REGISTRATION FORM

(Preregistration required)

**THIS FORM MUST BE RECEIVED
BY OCTOBER 1, 2016.**

**THIS IS AN ADULTS ONLY CONFERENCE.
NO CHILDREN PLEASE, WE HAVE NO SPACE.**

Workshops are assigned on a first-come, first-served basis. Register early to have a better chance of getting your workshop choices.

— PLEASE PRINT —

NAME _____

ADDRESS _____

APT _____

CITY _____

STATE _____

ZIP _____

SCHOOL/S CHILD/REN ATTEND _____

SCHOOL DISTRICT _____

HOME PHONE _____

CELL PHONE _____

EMAIL _____

3 ways to register:

1. You may duplicate this form and mail it to:
**United Federation of Teachers
Manhattan Parent Conference
52 Broadway, 10th floor, NY, NY 10004
Attn: Fran Streich**

OR:

2. Fax (please make sure both sides of registration form are faxed) to:
1-212-510-6424 — Attn: Fran Streich

OR:

3. Register online at www.uft.org/manhattanparents

See reverse side for
workshop selection